

“Thank you for a wonderful evening of music and dance. It was a blast! It was so gratifying watching the individuals perform and the audience engage. Your classes really make a difference.”

— Jan Miller-Vogel, Program Manager at CSAAC after a dance class final sharing

## Partners



## FAQ

**Q: What is the teacher to participant ratio?**

**A:** The ratio is one (1) ArtStream instructor for every eight (8) participants. We require at least two (2) ArtStream instructors per class. Additional ArtStream instructors may be added depending on the needs of your community.

**Q: How are classes “inclusive?”**

**A:** Your support staff or volunteers act as inclusive peers with the participants to foster connections and keep everyone engaged.

**Q: Where are classes held?**

**A:** Classes are held at your location or one that you reserve. Try to find a room with lots of open space for the group.

**Q: What is a typical class schedule?**

**A:** A typical class meets for 90 minutes, once per week for eight (8) weeks or more. This is ideal for participants to establish a routine, engage with the material, and apply their new skills at home.

**Q: How much does it cost**

**A:** Classes are billed hourly. Many factors go into pricing, such as class size and frequency. See our pricing insert for further details.

## Book Now!

Contact the ArtStream office at 301-565-4567 to discuss the needs of your community. Together, we will find a schedule and subject that works for your community and two (2) or more of our many qualified instructors.

“He’s out there in the work world and is able to handle that better. So in a lot of different ways, it’s been a benefit to him.”

— Ricki Sabia, parent of a workshop participant



DANCE | MUSIC | DRAMA  
MUSIC THEATRE | SELF-ADVOCACY  
WORKPLACE COMMUNICATION  
PUBLIC SPEAKING

ArtStream classes are specially designed for individuals with intellectual and developmental disabilities (IDD) — including autism — and other social and behavioral needs.



[www.art-stream.org](http://www.art-stream.org)  
301-565-4567

## Who We Are

ArtStream is a nonprofit that teaches art and social skills through participation in the performing arts. We create inclusive arts programs that are accessible, empowering, and engaging.

## Who We Work With

ArtStream has over 10 years of experience creating programs for participants of all abilities, including individuals with:

- > Intellectual and developmental disabilities (IDD)
- > Autism Spectrum Disorders (ASD)
- > Cognitive and learning disabilities
- > Mental health challenges
- > Borderline Personality Disorder
- > Neurological disorders
- > Traumatic brain injury
- > Profound disabilities

## Why It Matters

Learning through the arts builds confidence by allowing participants to make their own choices. Inclusive participation also fosters social connections and allows participants to practice communication skills like eye contact, listening, and self-awareness!



## Menu of Services

### ARTS PROGRAMS

Build confidence and increase engagement with clients of all abilities. Great for groups of any age, including children, teens.

Choose a topic below:

#### DANCE AND MOVEMENT

- Basic choreography
- Rhythm, mood, and tempo
- Spatial awareness and body carriage
- Optional FINAL SHARING

#### DRAMA AND STORYTELLING

- Improvisation and acting skills
- Listening skills
- Creating original stories
- Optional FINAL SHARING

#### MUSIC

- Vocal skills
- Basic chords
- Playing basic percussion instruments
- Optional FINAL SHARING

#### MUSIC THEATRE

- Acting and vocal skills
- Basic choreography
- Spatial awareness and body carriage
- Optional FINAL SHARING

### LEADERSHIP PROGRAMS

Learn social and communication skills through acting and creative arts. Best for groups of transition-age teens and adults.

Choose a topic below:

#### SELF-ADVOCACY

- Self-awareness
- "I statements" (I think... I feel... I need)
- Communication and role play for IEP or business meetings

#### WORKPLACE COMMUNICATION

- Job interview skills
- Expectations in the workplace
- Time management and organization
- Conflict management and resolution

#### PUBLIC SPEAKING

- Body carriage and voice
- Creating an impactful speech
- Optional FINAL SHARING

“It helps me grow as an actor and an advocate.”

— Adrian Forsythe y Korzeniewciz, workshop participant, self-advocate, and Client Liaison for ArtStream’s Board of Directors

[www.art-stream.org](http://www.art-stream.org)

301-565-4567