ArtStream is a nonprofit that provides performing arts opportunities to adults with intellectual and developmental disabilities in the DMV area.

WWW.ART-STREAM.ORG
OVERVIEW

ArtStream’s talented Teaching Artists lead a variety of workshops and classes for groups, schools, and private organizations. Classes are designed for people of all ages with intellectual and developmental disabilities (IDDs), including autism.

Learning through the arts is empowering. Classes/programs build upon entertaining and demanding games that encourage participants to be creative, to pay attention to others, to listen, to respond, and to engage with others. Classes/programs foster social connections as participants practice communication skills like eye contact, listening, and self-awareness. In the process, participants build their confidence, discover their creativity and strengths, and expand their capabilities and self-awareness.

OFFERINGS

• Dance & Movement
• Drama & Storytelling
• Improv
• Musical Theatre
• Self-Advocacy
• Workplace Communication
• Public Speaking

WHO WE SERVE

ArtStream’s inclusive classes are designed for people of all ages with intellectual and developmental disabilities (IDDs) — including autism. Previous acting experience is not required to take a class or workshop.

Participants should be able to function in groups of up to 30 people with 1:4 staffing; independently meet self-care needs; follow directions; and demonstrate respectful, safe behavior at all times.

Registration for ArtStream classes and performing companies is open to adults 18+. Classes for younger students are frequently offered in partnership with local organizations or schools.

REACH

850 classes held annually
4,711 volunteer hours completed annually
1,600 people with IDDs empowered annually
320 performances since our first show in 2007