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ArtStream®

# The Spotlight

*A newsletter for an inclusive world*



WINTER 2020



## SAVE THE DATE: 15TH ANNIVERSARY GALA AND DANCE PARTY, SUNDAY, SEPTEMBER 13, 2020

### ArtStream's 15th Anniversary Celebration lasts all year!

Join us as we celebrate our 15th anniversary in 2020! This year you will learn more about ArtStream's history and the people who made it happen. You'll also meet some of the people who will help ArtStream grow over the next 15 years.

#### Celebrate ArtStream accomplishments from our founding years 2005-2007:

- Incredible Teaching Artists Sally Kinka, Patricia Krauss, Emilia O'Connor, Nicolette Stearns, and Patricia Woolsey came together to co-found ArtStream in May 2005
- ArtStream was incorporated as a 501(c)(3) nonprofit organization, September 29, 2005
- Patricia Woolsey became the Founding Executive Director in 2005 and served until 2014. She served as Artistic Director 2014-2015
- ArtStream's 15-year partnership at Community Services for Autistic Adults and Children (CSAAC) started in 2005, featuring weekly music and dance classes for adults. It continues to thrive today
- In 2006, the first four Inclusive Theatre Companies started in Gaithersburg and Silver Spring, MD
- In 2007, the fifth Inclusive Theatre Company started in Arlington, VA



**INTRODUCING: CAROLINE GRABOW**  
**Caroline joined ArtStream in 2017.**  
**Now 23, she is an Inclusive Theatre**  
**Company actor and active ArtStream**  
**participant with many friends.**

ARTSTREAM (AS): *What is the first activity you did with ArtStream?*

CAROLINE: I started with Super Social Saturday. My mom found out about it and I wanted to try it. I was nervous the first time. Then I started to have a lot of fun. I met Tyler and Langston at my first Super Social Saturday. They are still my friends.

AS: *How did you get interested in performing?*

CAROLINE: I grew up seeing my two older sisters, Amy and Anna, in a Shakespeare acting troupe. So I know a lot about Shakespeare from watching them. That's why I did a Shakespeare monologue for my first audition. And I registered right away when I saw the ArtStream *Shakespeare for All* class.

AS: *What happens at an ArtStream Inclusive Theatre Company rehearsal?*

CAROLINE: At rehearsals I catch up with everyone about their week. We socialize and talk first, then we get to work. We are a really tight group in our Company. Sometimes a few of us get together and do a read-through of the script. There is a lot of script reading and practicing so we know our lines by the time we get in the theatre...we KNOW it. We have to improv if something happens in a rehearsal. If someone forgets a line, we improv to jog their memory.

Our Director said that our acting showed that we trust each other. We are comfortable with each other and rehearsals are really fun.

AS: *Where do you find inspiration for your characters?*

CAROLINE: I love movies, especially the classics. Indiana Jones inspired my first character, a detective, in "*Shops and Robbers*." I research my roles from what I grew up with. Then, I figure out the character with the script. I read the script a lot to get familiar with my character. I watch other people and try different lines or different ways of saying the line. I scribble a lot of notes in my scripts.



**ArtStream gave me a lot of confidence**  
**and socializing skills.**

AS: *You've made a lot of friends at ArtStream. Do you get together outside classes or rehearsals?*

Caroline: Yes, I made a lot of friends and I have done a lot of fun things. My friends are the actors, the mentors, and the assistant director.

AS: *What would you tell someone who is thinking about trying ArtStream?*

CAROLINE: I would say ArtStream is a lot of fun. I would encourage everyone to give it a try.

AS: *What is the most important thing you learned at ArtStream?*

CAROLINE: ArtStream gave me a lot of confidence and socializing skills. It has helped me to communicate well with people and to interact with people. ArtStream helped me out of being shy and gave me more confidence to act.

I learned how to be confident with my acting and have fun at the same time. I get to create the show with the Directors. The confidence we show in our acting gets written into the script. I feel like a professional actor.

AS: *What is the most challenging thing about being in the Inclusive Theatre Company?*

CAROLINE: My Director helps me work out how each line is supposed to sound when I say it, or if I should say it another way. It takes me a while to work it out. I try to work through how the character would say it, and the body language. I try it different ways in each rehearsal until I finally feel like I have it for the show. I don't mind challenge. It helps me work harder for a better result. It helps me try to make the acting of the character a little more realistic.

**READ MORE FROM THIS INTERVIEW AT [ART-STREAM.ORG/ACTOR-SPOTLIGHT-CAROLINE-GRABOW/](https://art-stream.org/actor-spotlight-caroline-grabow/)**

## NEW MEMBERS JOIN THE ARTSTREAM BOARD OF DIRECTORS



Thank you to **Kirsten Davidson** for serving as Client Liaison to the Board of Directors from 2017-2019. Board members thanked Kirsten for her good ideas and speaking up on a range of issues. Kirsten helped introduce Inclusive Theatre Company performances and she drew the winning tickets onstage at the 8th annual Gala and Dance Party.



The Board of Directors welcomes Client Liaison **John Bogasky** to a one-year term. The Client Liaison assists the Board in understanding the needs and concerns of ArtStreamers as the Board makes decisions that will impact the ArtStream community.

John graduated from the Katharine Thomas High School in 2011, and from the GROW Program at the Riverview School on Cape Cod in 2014. While at Riverview, John made a cameo appearance in the Oscar-nominated documentary *Life, Animated*. After Riverview, John was accepted into the Project SEARCH Smithsonian internship program. A successful internship led the Smithsonian to offer John a permanent position. Today he works on the maintenance team at the National Museum of American History.

John has an active social life and participates in many programs. He has been a Special Olympics athlete for 20 years and recently became an athlete leader for Special Olympics Maryland. He also participates with Spirit Club, Main Street, Upcounty Community Resources (UCR), and regularly attends PCR dances. Since early 2015, John has

been an enthusiastic participant in ArtStream's Super Social Saturday – Gaithersburg class. John also enjoys watching his friends in ArtStream performances.

This is John's first experience serving on a board. He looks forward to helping ArtStream be more successful. John's first-hand experience with ArtStream and many other local programs will make him an asset to the Board of Directors

John lives in his own apartment in Rockville Town Center with support from SEEC.



The Board of Directors welcomes Teaching Artist Liaison **Delia Zielinski** to a one-year term. The Teaching Artist Liaison volunteers to assist the Board in understanding the needs and concerns of Artstreamers and Teaching Artists as the Board makes decisions that will impact the ArtStream community.

Since 2013 Delia has taught ArtStream classes in music, drama, movement, social skills, and self-advocacy. In the fall of 2019 she co-led the first Chorus Ensemble Class.

Outside of ArtStream, Delia is a singer and performer and teaches voice through her own private studio. She appears regularly in opera, musical, oratorio and concert productions throughout the DMV. In 2013 Delia released her first solo album, "Boston Two," featuring songs by American composers Amy Beach and Arthur Foote.

In addition to teaching and performing, Delia still finds time to serve as a musical volunteer with Hospice of Washington County.



### ARTSTREAM'S AWARD-WINNING VOLUNTEERS

Congratulations to ArtStream volunteer Ian Bannon who received the Scottish Rite – Valley of Washington's Knights of St. Andrew Outstanding Community Service Award. Ian was recognized for his outstanding work as a mentor with the MD Cabaret, Silver Spring Inclusive Theatre Company and numerous classes throughout the year.

Since 2017, Ian volunteered over 350 hours and impacted over 70 ArtStreamers.

Jonathan Feifer paid tribute to Ian at the event: *"Ian helps me during all the rehearsals and the performances. He makes me feel like I can succeed. I love to sing, and Ian helps me with back-up singing. Sometimes I am nervous, and Ian helps me stay calm. He helps me to sing my best on stage."*

To become an ArtStream volunteer visit [Art-stream.org/volunteer](http://Art-stream.org/volunteer)

## APPLAUSE FOR ALL!

Bravo/Brava to everyone who gave generously to ArtStream's winter appeal to make sure our six Inclusive Theatre Companies, four Cabaret Companies, and more than **800** confidence-building communication and social skills classes will benefit more than **1,000** students.

More than \$54,000 was raised to make each ArtStreamer super-excited, happy and proud:

*"I am so glad we found ArtStream. I am proud of being an ArtStream performer. I love performing on stage. When I walked into the theatre the first time I thought 'Wow! I can't believe I'm here!' It makes me super-excited, happy and proud."*

ArtStream, Inc. is a 501 (c) (3) nonprofit arts organization, supported by individual donors and by funding from the Montgomery County Government and the Arts and Humanities Council of Montgomery County, and by the Maryland State Arts Council, on the web at [msac.org/recognizing-our-grants](http://msac.org/recognizing-our-grants). Additional funding comes from The Morris and Gwendolyn Cafritz Foundation.

Additional funding for the Cabaret Companies comes from Ms. Kristen N. Chou, ArtStream Board of Directors, Ning Solutions Inc.



PAUL M. ANGELL  
FAMILY FOUNDATION

# 2020 Performances

## WINTER 2020

### MARYLAND CABARET - WINTER COMPANY

Monday, January 27, 2020 at 7:30pm  
AMP by Strathmore

## SPRING 2020

### ARLINGTON INCLUSIVE THEATRE COMPANIES

March 12-14 and 19-21, 2020  
Thurs & Fri at 7:30pm & Sat at 2:30pm  
Richard Kauffman Auditorium, Lee Center

### GAITHERSBURG INCLUSIVE THEATRE COMPANIES

May 1-3 and 8-10, 2020  
Fri at 7:30pm & Sat & Sun at 2:30pm  
Bender JCC of Greater Washington

### VIRGINIA CABARET - SPRING COMPANY

Monday, March 9, 2020 at 7:30pm  
Signature Theatre

### SILVER SPRING INCLUSIVE THEATRE COMPANIES

June 12-14 and 19-21, 2020  
Fri at 7:30pm & Sat & Sun at 2:30pm  
Silver Spring Black Box Theatre

### MARYLAND CABARET - SPRING COMPANY

Monday, May 18, 2020 at 7:30pm  
AMP by Strathmore