“ArtStream has made me feel like I can open up and express my talents with this world.”

- Tom Vanderslice, ITC actor

perform your art out!

www.art-stream.org
Who we are

ArtStream’s mission is based on the belief that when people are engaged, stimulated, challenged and inspired, they surpass perceived limitations and undertake challenges they might never have considered.

What we do

Inclusive Theatre Companies (ITCs)
Inclusive Theatre Companies develop and perform original musicals that feature adults with intellectual and developmental disabilities (IDD) — including autism — and other social and behavioral needs. The companies include professional directorial and design teams as well as volunteer mentors. Actors develop original characters and plots based on their own ideas. A play is scripted, choreographed, memorized by the actors, and performed for the public. The final production is designed to showcase each actor’s unique talents.

Inclusive Drama and Social Skills Classes
ArtStream teaches acting techniques and communication skills in inclusive classes designed for individuals with intellectual and developmental disabilities (IDD) — including autism — and other social and behavioral needs. Classes build skills that are applicable in all aspects of life: from the stage, to the family dinner table, to Individual Education Plan (IEP) meetings and the workplace. Class subjects may include comedy, music theatre, improv, public speaking, role-play, party dancing, and social skills.

Military Hospital Programs
Patients, their families, and caregivers at Walter Reed National Military Medical Center (WRNMMC) connect and heal through participating in bedside and group arts sessions. Through “Allies in the Arts” (designed for patients and families) and “You Are a Work of Art” (designed for nurses, medics, and technicians), ArtStream teaching artists provide sessions focused on music, creative writing, visual arts, and improvisational expression. Sessions are designed to give participants a feeling of creativity, resilience, and community in the hospital setting.

What does "inclusive" mean?

When programs are "inclusive," participants with and without disabilities interact and learn as peers.

Participants, volunteers, support staff, and ArtStream teachers all learn from each other and, often, surprise each other with new insights. That is why “inclusive” participation matters.
Where we work

Greater Washington DC Metro Region

Programs for individuals with intellectual and developmental disabilities (IDD) — including autism — are held in Montgomery County, Maryland; Arlington County, Virginia, and Fairfax County, Virginia.

Military hospital programs are held at Walter Reed National Military Medical Center (WRNMMC) in Bethesda, Maryland, serving patients, families, nurses, medics, and technicians.

Programs created for over a dozen local provider agencies

![Logos of various organizations]

Who leads our classes

Teaching artists who care

ArtStream employs over 40 teaching artists. Teaching artists receive on-the-job and formal training. Many have advanced degrees in special education and related social work fields.

40 experienced teaching artists

759 class sessions this year

Volunteers who make a difference

ArtStream volunteers learn performance and social skills as peers with the participants. Both teen and adult volunteers are welcome. Volunteers are eligible for service learning hours and many teen volunteers go on to pursue related careers!

4,494 volunteer hours logged in 2015-2016.

Estimated value: $105,867

“ArtStream gave me so much experience, not just in performing, but in working with people. It helped me develop the qualities I love about myself today.”

- Pam Young, former volunteer and current MFA candidate in Theatre and Drama Therapy
ArtStream inclusive programs help bridge the "services cliff"

What is the "services cliff?"

Support services available to young adults with intellectual and developmental disabilities (IDD) suddenly drop off at age 21, limiting their journey to independence.

800

Young adults with intellectual and developmental disabilities (IDD) will exit Maryland schools in 2017.

Age when young adults with disabilities no longer receive education entitlements.

Why does it happen?

When they age out of the school system, young adults lose the networks of teachers, families, and specialists who supported them during their school-aged years.

There is limited government funding for recreational and creative programs for young adults.

Typically developing peers and siblings go off to college and careers.

Young adults lose routine social ties and have limited skills to plan activities or make new friends.

What is at stake?

Instead of achieving their potential for independent living and fulfilling jobs, young adults become disengaged.

They have limited opportunities to be creative and skills learned in school begin to slip.

Creative engagement is the key

At ArtStream, individuals with intellectual and developmental disabilities (IDD) — including autism — and other social and behavioral needs use the performing arts to learn social and self-advocacy skills.

With these skills, they can engage with their community and exceed perceived limitations.

Skills developed in ArtStream classes:

- Confidence
- Eye contact, voice, and movement
- Teamwork and team leadership
- Self-advocacy for employment
- Social connections

Tuition assistance available for some participants.

Thanks to The Jim and Carol Trawick Foundation, the Civitan Club of Tysons, and the Lorraine S. Dreyfuss Theatre Education Fund.

75-88%

High retention rate of participants in 2015-2016 tuition classes and Inclusive Theatre Companies (ITCs).

Participants return year after year and create a supportive, welcoming community.

Social isolation

Studies show that up to a third of young adults with autism are socially isolated, with no social contact in over one year.**

25-33%

**Maryland Developmental Disabilities Administration, 2017.
Why do military hospitals need arts programs?

The arts support recovery

Participating in an arts session lifts the spirits of patients, family members, and caregivers. The successful feeling of completing a craft project or writing a poem is a welcome bright spot in the long road to recovery for patients or during a long shift for nurses, medics and technicians.

The arts build resilience and boost morale

Art gives nurses, medics, and technicians a chance to connect on a creative level, forming bonds that improve communication among staff.

Similarly, a child may work on a creative project with his or her injured parent. This shared experience can shift the child’s focus to what the parent can do, rather than the parent’s injury or illness.

A child may also create a project, story, or song independently to be presented to the injured parent. This can give the child something concrete to do when s/he enters his/her parent’s hospital room.

Who we served in FY 15-16

- 400 Servicemembers
  Includes active and former military who are patients at WRNMMC.

- 250 Family members
  Includes 70 children under 18.

- 1,700 Nurses, medics, and technicians
  Includes creative arts sessions and programs to build resilience.

The Wind Beneath My Wings

ArtStream artist Jude Crannitch visited Walter Reed National Military Medical Center (WRNMMC) on a Tuesday evening, just after Valentine’s Day. Jude walked down the hall of the hospital’s fourth floor, knocking on each door in turn and asking, “Would you like some music tonight?”

An older man invited Jude into his room. The man, retired from the service, sat with his wife and daughter. Increasingly, patients at WRNMMC are not only servicemembers returning from overseas, but also retired servicemembers and their families being treated for persistent conditions.

Jude played “Wind Beneath My Wings” by Bette Midler:

- Did I ever tell you you’re my hero?
- You’re everything, everything I wish I could be.
- Oh, and I, I could fly higher than an eagle.
- Cause you are the wind beneath my wings.

The patient and his wife were holding hands, with tears in their eyes. As Jude finished the song, the wife turned to her husband and said, “Did you pay them to come here and sing that?” They both laughed through the tears as she explained:

“For 40 years he’s been singing that song to me... You made our evening perfect. You really gave us a big lift when we needed it. Thank you so much.”

- Wife of a patient at WRNMMC
ArtStream gratefully acknowledges the generous individuals, foundations, and corporations whose support helps us use the arts to inspire, teach, and heal. We regret any error or omission and ask that corrections be brought to our attention.

$25,000+
The Arts and Humanities Council of Montgomery County
The Maryland State Arts Council
Anonymous

$10,000 - $24,999
The Brown Family
Disabled American Veterans (DAV) Charitable Service Trust
Sari Hornstein
Amy Weinberg and Norbert Horstein
National Endowment for the Arts
Prince Charitable Trust

$5,000 - $9,999
Ellen and Mike Cooper
Jocelyn Lamond and Neil Turkewitz
The McMeekin Family
Frank and Molly Myers
Norra Roberts Foundation
Porto Charities

$1,000 - $4,999
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Joseph Richardson
Cynthia Ring
Patrick Ritter
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Michael Robinson
Elizabeth Rogan
Cecelia Rogers
Lester Romero

Bill (William) Rooney
Penny Russell
Tom and Barbara Schelstrate
Mark Schwartz
Jim and Katie Sebastian
Mike Smeets
Bob Shapiro
Lynn Shue
Lora Shimp and Chris Carpenter
Alan Silbert
Diane Stahls & Albert Rubelling
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Sterling Picture Framing
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Cindy and Jonathan Tepper
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Oswaldo Ursquieta
Melissa & Phillip Urosky
Mitch and Nicolete Venzo
Karen Walker
Althea and Robert Wallace
Jim Washington and Jane Smith
Robert and Laurie Weeler
Robert Woolsey
Cynthia Yee
Joyce and Eric Young

Contributions received in memory

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Special thanks to the Estate of Harold and Barbara Woolsey, whose generous investment in the early years of ArtStream made all of this possible.
Financials

Revenue: $602,000

Contributions
- Individual Donors: $115,000
- Corporate Sponsors: $100,000
- Foundation Grants: $84,000
- Government Grants: $82,000

Fees for Service
- Tuition: $123,000
- Contracted Services: $115,000
- Box Office: $90,000
- Ad Sales: $3,000

Other
- Special Events: $17,000
- Interest and Dividends: $700
- Gain on Investment: $15,000
- In-Kind Contributions: $4,000

Expenses: $600,000

Program Services: $553,000
Management and General: $10,000
Fundraising: $37,000

Change in Net Assets: $2,000

Revenue

- Box Office: 4%
- Contracted Services: 19%
- Tuition: 20%
- Other: 7%

Individual Donors: 19%

Expenses

- Programs: 92%
- Fundraising: 6%
- Management and General: 2%

"Because of ArtStream, I am more confident in myself and more social. I have grown as an individual and learned quite a bit about the world around me."
- Cassie Rennie, Inclusive Theatre Company actor

ArtStream 10th Anniversary Gala
Friday, Oct. 23, 2015

Sponsored by:
- Marguerite and Susan Adams
- Unit and Beverly Basoglu
- The Brown Family
- Joseph and Vanice Fanne
- George Gates
- Sari Hornstein
- Jocelyn Lamond and Neli Turkewitz
- David Lightfoot
- Bebe, Bob, and Matthew McMeekin
- Frank and Molly Myers
- The Pauley Family
- Jerrold and Carolyn Post and
- Kristen Davidson
- The Studio of Colour and Design
- by Margie Billain
Donate:
Visit www.art-stream.org/donate
Or send check payment to our office.
ArtStream, Inc. is a 501(c)(3) nonprofit organization. All donations are tax deductible to the fullest extent of the law. You will receive a receipt for your records, along with our gratitude.

Other ways to give:
- Memorial gifts and gifts in honor
- Hold a personal fundraiser event
- Recurring contributions
- Corporate giving and sponsorships
- Transfer securities
- Planned giving

Contact us to get started! We can help make giving easy.

ARTSTREAM IMPACT REPORT - FISCAL YEAR 2015-2016

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Sari Hornstein
Vice Chair
Maggie Hashlam
Secretary
Lina Ayblinder
Treasurer
Pam Brown
Chair Emerita, Member at Large
Kristen Chou
Member at Large
Ell Lewis
Client Liaison, Member at Large
Karen Mitchell, CPA
Member at Large
Paul Murray, CPA
Member at Large

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Executive Director
Doreen Cronnath
Director of Finance and Administration
Caitlyn Fitzgerald
Production Manager
Leah Hunt
Program Manager
John Newman
Director of Marketing
Chad Rabago
Office Coordinator

Consultants
Judy Rollins, Ph.D., RN
Military Hospital Programs
Ermy King
Military Hospital Programs

Leadership listed as of January 1, 2017.

ArtStream is supported in part by:

ArtStream is a member of: